

8:Stephanides

I. Y -3 (ca. 1933-1939) 1941 EH1 Greece EH1
Megali Vrisi

A SOCIOLOGICAL SKETCH OF THE VILLAGE OF
MEGALI VRISI, MACEDONIA, GREECE.

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AN ESSAY

Presented to the Faculty of the Graduate School of
Cornell University for the degree of

MASTER OF SCIENCE

By

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June 1941

Transcribed from Original Essay

Human Relations Area Files
1965

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A Sociological Sketch of the Village of Megali Vrisi.

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BIOGRAPHY

The writer was born in 1909 in the village of Tjakrak a few miles away from the largest hazel nut exporting harbor of Kerasoun on the Black Sea. //4

During 1914 he attended his village school. He was deported to the interior part of Asia Minor with the rest of his family and during deportation, 1916-1918 he lost his parents and a brother.

In 1919 he entered the American Near East Relief Orphanage in Morsovan Turkey. After a year of study in Anatolia College he left for Greece in 1922 with the rest of his people.

He attended the Chalkis Gymnasium High School for a year. [879]
In 1923 he entered the migrated Anatolia College from Turkey to Greece. He graduated in 1926 and served for a year as teacher at the American Near East Relief Orphanage in Syra, Greece. In 1927 through the help of Professor Kelsey he came the United States and took his Bachelor of Science in 1932 from Cornell University. In 1932 he returned to Greece, and after a year's service in the Greek Army he started extension work in Kilkis area under the supervision of the Near East Foundation. During the years in extension work he married in 1934 Paulymnia Charpidou, a refugee from Pontus. Later a /2/ son was born. In 1939-40 he transferred to the Athens area to demonstrate the practical value of the new established system of extension.

In 1940 through the interest and help of Professor L.D. Kelsey he returned to Cornell for advanced work.

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A SOCIOLOGICAL SKETCH OF THE VILLAGE OF
MEGALI VRISI.

PART I.

Introduction:

The author was born in Turkey on the shores of the Black Sea. His parents were the descendants of some of the first colonists that were established by the Greeks in ancient times. His ancestors lived in the same village for many centuries and it was for the first time in many centuries that he went with the rest of his people to Greece. The exchange of population between Greece and Turkey marks one of the rare historical accomplishments of the Greek people. The establishment of a million and a half people under the prevailing economic conditions of that period was a gigantic job for a small nation like Greece to accomplish.

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The author, as a refugee among his people, had a chance, after getting his education at Cornell, to work with them to share with them the difficulties they met in their new environment. He shared the life that was mixed with tears, toil, sweat and patience. He also shared the marriages, the holidays and the dances at the village square. His eight years of experience in the village of Megali Vrissi and his share in promoting agricultural, recreational, health and educational activities led him to the description of the village of /4/ Megali Vrissi

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The Rural Sociology Courses under Dr. Sanderson have influenced him more than anything else to see, describe and evaluate the social make up of the life of the people of Megali Vrissi.

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Selection of the Village

The author's intimate relationship with the farmers of the village and his use of it as a demonstration center for village extension work has led him to select it for this study. Another reason that led the author to select it was of the uniform economy and the uniform social stratification. Due to equal distribution of land there were no class distinctions.

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Available Data Based on Eight Years of Experience.

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The discussions and principles discussed in Rural Social Organization, under Dr. Sanderson, are applied as far as they fit the conditions. A careful farm survey was taken with 40 representative farmers out of 120 families. These farmers were representatives due to the fact that only 6 years elapsed since the equal distribution of land. They had the same implements and all of them had nothing except what they got from the government. My close relationship with them and the nature of my work has helped me in my observations. /5/

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The village of Megali Vrisi: Its location, geography and physical characteristics.

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The village of Megali Vrisi is only 45 kilometers from the city of Salonica. It lies in the south-central part of Macedonia. Before the refugees moved in, it was occupied by the Turks who at the arrival of the Greeks left for Turkey. Its Turkish name was Armoutchi. Previous to this Turkish name it had a Greek name. The foundations of the mosque that were dug by the refugees in order to get the stones bore in Greek letters the date that it was built and the names of the church committee. In fact many of the names of the surrounding villages were changed quite often at different periods by the respective people that occupied them, either Turks, Bulgarians, Albanians or Greeks.

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The nearest railroad station is 3 kilometers from the village. The area is rather flat, sloping gradually as we progress towards the North East. The whole valley where the village lies is surrounded by small rolling hills that form numerous deep gulleys. Due to the lack of vegetation on those hills erosion has been going on for years and very often the fields are flooded down into the valley. The unceasing wars in this area, starting with the Balkan wars and ending with the First World /6/ War, stripped the hills of all trees and shrubs that could protect the soil and prevent the floods. One finds numerous dry fountain springs at the foot of the hills which were built by the people who passed on long ago. With the disappearance of the vegetation on the hills the water disappeared too. There is a small brook that runs North East of the village which quenches the thirst of the village cattle and the numerous flocks of sheep, and serves as a bathing place for the water buffaloes.

The flat land forms an alluvial valley, which has been formed from the deposition of soil by the continuous erosion of the nearby hills. The average elevation from the sea level is 90 meters. In general the soils of the area are 40% sandy clay red soils and 60% clay pyritic. These soils are made up from the surrounding rock formations. In general the depth of the cultivated soil is not more than 25 centimeters and very compact. The sub-soil is sandy clay and does not conserve the moisture. The fertility of these soils is depleted due to continuous farming for many centuries of the organic material and nitrogen.

The climate is very dry and hot in the summer months with plenty of rain during the winter months and occasionally snow. The seasons of the year follow each other /7/ abruptly and not uniformly. This of course has harmful effects on the growth and germination of the plants and hinders the diversification of farming.

The railroad station close to the village enables the village to get to the big trading city of Salonica. This good location

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makes it easy for the farmers to sell their agricultural products at fairly good prices. The road built during the first war by the Allied armies is still in use and provides good transportation facilities. The same roads may be in use today by the same soldiers. The nearest market is eight kilometers from which most of the goods are bought. Once a week there is a bazaar in this market and on Tuesday of every week another bazaar is held in the nearby village of Herson.

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The old Turkish village was very different than what we find it today. It had an old mosque, a pond in the center of the village, no running water but only wells, small two room sun-dried mud brick houses, with high walls around their yards, so as to protect their women from outside looks. The surrounding area of the village, which was used for cemeteries, was covered with huge pointed blocks of stones. This is because the Turks never buried their dead in the same tomb. They believed that the dead were living in an underground world by themselves and the /8/ heavier and the larger the stone the less chance the dead had to get up. From the number of such stones one could easily tell the number of years the Turks had occupied the village. The new settled refugees have used these stones for the foundations of their new houses and the ground was plowed for cereal raising. This spot being the richest of all the land of the surrounding territory, a very small portion was given to each refugee farmer. Here the fields are 1/8 of an acre. The only cereal that can stand this rich soil without being lodged is barley, which is pastured from December to March and still gives more yield than any other field of the same size. Nothing is lost in the world. Cemeteries are the best sources of nitrogen and phosphorus.

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When the Turks were living in this village they were fewer in proportion to the land and so they could raise more livestock since they had more pasture land. With the increased number of refugees the livestock pasturing was more difficult.

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Since the refugees settled the village changed its external and internal appearance. The pond in the center of the village was filled up with 1400 cubic meters of dirt. It was fenced and a war memorial monument was erected in the center of it. Many shrubs were planted /9/ and the acacia trees surround the whole park. Once a bathing spot for the lazy buffalo, it has become now a rendezvous place for the youth of the village. The refugees were not satisfied with the well water and through personal work brought running water to the village from the nearby hills. A large fountain was built in the square of the village and two more smaller ones in the neighborhoods. As soon as the water came to the village, at the inauguration ceremony, the village changed its name from Armoutchi (Pear bearing) to Megali Vrisi (Big Fountain).

Many of the Turkish houses were torn down and new houses with better roads and aesthetic appearance were put up. The whole village is covered with huge elm trees. The South Western part is occupied by the Thracians and the North by the Caucasians.

The Thracians are the only refugees who changed their homes for four times in less than 10 years and this last one may be the fifth. They are so discouraged in building big houses and leaving them every time to the enemy to destroy them that they all decided to erect one room houses with mud walls and ceiling made out of reeds. The cost of the material does not exceed more than \$18 to \$25. One of them once told me, "I left enough big houses to the enemy who destroyed them. This time I am going to destroy it before he comes in." When I laughed /10/ at his last remark, he shook his head and said. "You are too young yet to know the Balkans." No, I think he was right. Every Thracian family can carry everything they have on their backs. They simplified their lives, having only those things that are the most essential.

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Boundaries and Neighborhoods of the village.

Megali Vrissi itself falls into six neighborhoods. These neighborhoods are on the basis of kinship relationships. There are two in the Thracian section and four in the Caucasian section. The village has nearby villages such as Metallikon, South East 1 1/2 miles, Vaptistis, South West 1 3/4 miles, Castanies, 2 miles North West, and North East is Stayrochori, 1 1/2 miles. There is a hard-surfaced road which connects all these villages to Megali Vrissi.

A people of the Soil and their Mobility for the last 25 Years.

In spite of the fact that the people of Megali Vrissi are a people of the soil, yet some of them were the victims of the great destructive waves of war. The Caucasians were rather stable in their own country, and this forced movement, due to communism, was the first of its kind in their lives for many generations. The un-/11/fortunate Thracians, because of their position in the much fought Balkan states, had to move very regularly from their village. I was often told that this was the fourth village they were building in less than 14 years, due to the Greco-Turkish war, the Greco-Bulgarian war, the first world war and the war of 1920 between Turkey and Greece. After the end of each war the survivors would return back to their village from their place of exile. One could almost read in their faces the effect of the hardships they had been through. The effect is noticed by the type of life they developed which has already become a part of their whole philosophy of living in this world. Small temporary houses--not much furniture, no mattresses, a straw mat and two heavy hand woven blankets for cover--a kettle to cook in, one common bowl for the whole family to eat in, one suit of clothes and few implements. In case of forced movement the wife and the husband are able to carry everything they have on their backs. Usually mobility makes a person cosmopolitan-minded and good mannered, but it had the opposite effect on these people. This may be due to the conditions under which they had to move.

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conditions under which they had to move. At the present time there is some kind of temporary mobility such as working in other villages or sections for wages but they return back /12/ home again. The type of land distribution obliges every farmer to stay where he is. No one is allowed to sell his land nor hire it to anyone else. As soon as he does this he loses his ownership. With the increasing population and with ever-decreasing returns from the soil the future may present us with great mobility problems of the young men.

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Kinship Groups.

Kinship group solidarity is very strong among Caucasians and less among Thracians. Due to the compound family system which has already broken down since the distribution of the land by the government, one finds neighborhoods with strong kinship ties. Next to the family is the kinship group. Intermarriage is prohibitive among these groups. The kinship group is very different from the usual type that we know. If there is a widow or orphans or aged men or women, members of the kinship group feel under sacred obligation to care for them as they would do for the members of their family.

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Historical Background.

We do not have any historical data to show us the date of the first settlers of this village but the new /13/ resettlers came in 1922. It had had three different conquerors; the Turks in 1448, the Bulgarians in 1912, and the Greeks in 1913. It also served as the headquarters of Allied armies of the First World War. The trenches that surround it and the heavy concrete fortifications show its importance as a military post. People have come and gone. Nationals changed hands of the village, but the storks still find the same trees and roofs for their nests convenient, regardless of the nationality of the inhabitants. If the storks could speak the language they would tell the people of the futility of the differentiating nationalism. Houses were torn down and new ones built.

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the minaret was replaced by the church steeple but the storks kept the same nests for many generations. No one knows so well the history of the village as the storks do. Language and religious differences have done more harm to humanity than any good. Human beings of the same Creator because of language and religious differences kill each other and take turns in occupying the village.

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PART II. The Family. The focus of Megali Vrisi Life.

A functional study of the family offers the best method of understanding the complex behavior patterns operative in this institution. Moreover it is by such /14/ analysis that the significance of the family group in a culture may be determined.

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The Economic Function.

The economic function of the families in Megali Vrisi community is very important and needs some consideration. Farming is the only means of livelihood and consumes a large part of the time of men, women and children. The general procedure for gaining a livelihood has been fixed throughout centuries. Due to climatic conditions the type of crops that can be raised is limited and even some of these are prohibitive. A crop that in the past brought them the largest income was opium poppies, a narcotic plant, but the League of Nations has prohibited the sale of this product. Another product that has many times left the farmer to speculate about future prospects in price was tobacco. This crop unlike many other crops that have followed the evolutionary type of adjustment, has tended to follow independently its sharp ups and downs. Tobacco, unlike other crops, involves a great amount of skilled labor and it is a product that is handled by a few manufacturing companies that tend to set the price as they please. Both of the above crops are prohibited. The government-subsidized /15/ wheat has replaced everything. Regardless of the effect of this policy on the land, rotation principles and social effects on the

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people. This policy of the government has created more problems for the future generations to solve than confront the people at the present. The whole family concentrates its attention on wheat raising since its market and price are definitely fixed. The harvest rush seasons has made obligatory the work of women and children. Even younger children share the burden by either bringing drinking water, caring for the infants of the family or by collecting the fallen wheat heads. It is hard to give the age at which children are expected to do their share. It all depends on how important the need of the children are.

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Work of Wives.

Throughout the ages we find that women, besides doing the household work and raising children, share in the farm work. The women of Megali Vrissi more than any other women in the civilized world have become the real beasts of burden of village life. They have to get up early in the morning, prepare breakfast and prepare food for the whole day. As a matter of fact it is an accepted principle that women are selected as to their ability for working hard, bearing children, working at the loom and having the lips closed. These are the outstanding /16/ qualities that every woman is expected to have. Women in discussing or in gossiping about girls express their opinion as the outstanding quality of a girl, how tight her lips are, and the amount of time she spends at the loom. It is up to the parents to look up a girl for their son either within the village or from the neighboring villages. The son has to consent to what parents decide in this matter. In many instances it happens that the young man meets his wife for the first time on his wedding day. There are many reasons that usually lead the parents to decide for the marriage of their son.

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- a. Need for extra labor in the fields and at home.
- b. Desire of the father and mother to have grandchildren so they can train them before they are too old.
- c. The desire of the parents to have someone in the house to take care of them.

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The young lady at home virtually becomes a slave. She has to prepare warm water and wash the feet of her father and mother-in-law, do the washing, cooking, sewing, cleaning and work at the loom to prepare cloth for the family. The son has no right to object to the demands of his parents, for the services they expect /17/ from his wife. This custom throughout many centuries has become a part of their philosophy of life and naturally is a part of the good qualities of women.

The work of the women is not seasonal as the men's is. The rush of the summer season decreases in the winter months but the women have to weave, knit, sew, cook, wash the family's clothes and attend the chores. The men during the winter months come together in coffee houses and spend their day in sipping coffee, reading the newspaper and discussing politics.

Work of Husbands.

Unlike many agricultural counties where the work of the husband is more or less distributed more evenly throughout the year, here we have one crop farming that occupies the men for a few months and the rest of the year is spent in the coffee house, which serve as centers of discussion and relaxation. The effect of the coffee houses is great on the individuals.

On bazaar days the husband goes to the market where he spends his time either buying articles of food for his family or to meet his friends and study the market prices of certain commodities.

The long day. During sowing season and harvesting season, which lasts four months of the year, the family /18/ spends long daily hours in the fields. The long hours of work during the rush season obliges the farmer to take his whole family to the fields and enough food to spend the week there. Due to the systems of dividing the land, a farmer besides having six patches scattered on all sides of the village, has to walk 6 miles from the village to get to his fields. Thus the distance and the rush of the work obliges the farmer to sleep in the fields. The usual diet on such long days of hard work is white cheese, black bread, yogurt,

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ripe olives, salty fish and plenty of wine or whisky. It has been an accepted principle among the farmers to buy plenty of tonic, that is whisky, during rush work seasons. Lack of proper food and care makes the children an easy prey for diseases.

Trading. The centuries-old method to use money as seldom as possible and to exchange goods still holds true, and it is one of the most satisfactory ways of trade under such conditions. There are several ways through which trading is done. Two bazaar days or market days are held very close to the village. One is 4 miles and the other is 5 miles. The largest is in the city of Kilkis which draws farmers from 160 villages. All the roads leading to Kilkis are jammed with every kind /19/ of travelling beast and every kind of farm products. Most people walk loaded either with live poultry, eggs, skins, butter, cheese, vegetables, wheat, etc. Very seldom one finds any person with money unless he decides to buy an animal. All these goods are exchanged in the city market either between farmers or farmers and urban people or merchants. The merchant weighs the butter and at once calculates how many pounds of sugar it can buy or live oil, or fish, or spaghetti, etc. If the farmer thinks it was a good offer the transaction is made at once, but if the farmer thinks it was too little he starts bargaining and the discussion back and forth may result in a fight or break off relations. Everything in the market is sold through bargaining. Those that do not know how to bargain usually hire expert bargainers. The most interesting part of the bazaar is the animal section. Here the buyers or the expert bargainers are called "jampaz" (tricky man). They are expert in buying and selling animals, and they are highly paid for their services. These people are well trained in animal judging and experts in telling the age of the animals. They are dressed up more uniformly and their pocket books are swollen up with money.

In the afternoon the tide of the farmers is toward /20/ their villages. The farmers go to and from the bazaar loaded. Usually they carry the load on their shoulders or use an animal. In

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exchange for their agricultural products they get, kerosene, thread, buttons, needles, rice, sugar, tea, dried fish, beans, candy, olives, olive oil, soap and salt. Most farmers hang around the bazaar corners to watch the bargaining tricks of livestock merchants, visiting other friends from other villages, or buy and sell oden, or watch the bazaar price for different commodities. These bazaars for many farmers are reliable centers of information, to know how he can advantageously exchange his goods for the needs of his family. Based on long experience, the farmer has found it safer to keep his goods rather than money. Money, he thinks, creates more enemies than anything else.

The economic system which the farmer of Megali Vrissi and in general the farmer of the area developed is peculiar to one crop farming. The farmer usually makes all his purchases from one merchant, who could give him credit and collect it at harvest time in kind. The farmer goes to the market once a week for his needs. His merchant keeps the account. The farmer never keeps any account and never tries to investigate his accounts fearing he may lose his chance of getting credit. If the merchant is sincere and God-fearing and does not /21/ like to cheat the farmer, the farmer may be lucky, but I question this since my experience in that area proved to me, that in spite of the large amount of non-collected debts, the merchants were far better off than the farmers. At harvest season the merchants gather around the coffee houses. They carry scales and a sack, and go from house to house to collect the debts in kind. If the farmer had a poor year, he usually pretends to be missing from the village so as to delay his year's payment and postpone it for the coming year. Hard feelings usually develop and if the merchant stops the credit he may lose what he already has to collect. Thus the farmer is tied up to the merchant and the merchant is forced to continue credit to the farmer. Bad years usually create hard feeling between these two groups. The agricultural bank which tried hard to displace the merchants could not very well do it. The loans it offered were very little and could not cover all the needs of the farmer. The

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one crop farming in most cases develops many economic and social difficulties. The peddlers of finished goods in the villages absorb a large part of the trade. Usually in exchange for their goods they get live poultry and eggs.

The biological function. The morals are very strict in the village. In the grammar school the children are /22/ together but after the age of 15 one seldom finds boys and girls playing together. Only the close relatives have an approved right to dance with a girl or walk with her to the market. The boys get married at from 18-25 and the girls from 15 to 20 years of age. The period from 15 to 20 is spent by the girl in preparing her dowry. She is busy at the loom or in embroidery with the needle and thread. One of the desired qualities of the girl is to have her handmade stuff. The ultimate aim of the marriage is to have children. If it happens that she cannot have a child the first year of her married life then gossip will start in the village of her inability to bear a child. Just the way a farmer thinks about a cow not calving, so do the relatives and especially the father and mother-in-law. There is no limit as to the number of the children, as long as both husband and wife are healthy. The usual belief and excuse is, "God gave them and He will take care of them." Both young men and the young women are instructed as to their duties as fathers and mothers. Birth control has no place here. Nature takes care of it. The strongest of the children survive under the conditions that are available for living. Besides, to use any method of preventing birth to a child is thought to be an immoral act. Thus out of seven to eight children in a family about five survive up to the age of six and the rest /23/ die before then.

Size of families. The size of families varies in Megali Vrisi. One finds the largest numbers among Caucasians and the smallest among Thracians. The Caucasians used to live in compound families and still they stick to this idea even though it was broken down due to the new method of distribution of land. Even today one finds as large as 25 members in the family and as low as 3 members in the family. The compound family makes farming

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more economical. It distributes the work among all members of the family. The cost of living is low and the depreciation on machinery and working animal is low. The difficulties that usually arise here are as follows:

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1. One leader in the family who has the right to command all.
2. Mother-in-law has the complete house work organization. She tells the rest what each has to do. In case she has a special inclination to favor one, the rest have to bear the burden of the work without objection. This usually creates hard feelings and starts the division of the family.
3. Usually the older son has more children than the younger son, and in case one of the sons does not have any, he has to work just as hard for the support of his /24/ brother's children. Things of this sort usually create hard feelings and lead to the disorganization of the family.
4. Often the father of the family, taking advantage of the good cooperation of his sons, spends money for his own good time, like drinking, dressing better and traveling. With the increase of modern facilities and modern customs the compound family is disappearing.

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Marriage and Courtship.

It was the custom for many years for the parents to hunt and find a suitable wife for their son. Usually the girl had to satisfy the parents' desires. The son had to consent whether he wanted her or not. That was the accepted custom. This is still true with only 40% of the marriages and is rapidly disappearing. The young men are looking ahead of the time for their future partner. In dancing squares, during holiday celebrations and at wedding ceremonies they have a chance to express to each other their admiration and their preference. Nothing is done publicly so as to avoid gossip since the old customs still prevail. The young men very often form a group and sing by the window of their girl friend. If the father suspects anything the punishment is heavy.

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Harvest time is the best season for the lovers to express their love to each other. It is the time for the seasonal rush work at which people help each other. Groups of /25/ people work together and when returning home late in the evening both boys and girls sing songs that they compose in which they express their interest to each other. When parents do not agree on the proposal of the son for a certain girl, the only way to get away with it is to decide to run away with the girl.

The breaking of these holy traditions the older men of the village think is due to the railroad station which is so close to the village and the influence of city life. Another important factor that has poisoned the life of their village was the labor that started coming to the village for work. During the tobacco and opium crop years when labor was needed, the village at some seasons doubled its population with the addition of foreign labor. These people brought in short dresses, hats, silk stockings, high heel shoes and European dancing. With the passing away of these crops due to depression years the labor left the village but their influence stayed behind especially among the young. The priest, the teacher, and the "Gerousia" of the village tried hard to drive them away but all in vain.

The younger generation found a better way to give a solution to their heart's desire when their parents /26/ objected. Young men will help each other in running away with their girls. A group of them will guard the road from which the girl will pass either with knives or guns. As soon as she appears they stop her and put her on the horse with her sweetheart. While the couple goes to the designated village the rest of the group give a fight to the opposing party. The young couple appear before a priest in the other village and perform the religious ceremonies. Then their return to the village is settled by the friends of the couple. Cases of this kind are increasing in Megali Vrissi. Centuries-old traditions that have enslaved the free expression of men are being torn down and the youth find himself in freedom of self expression.

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Illegitimacy. During the 16 years of their settlement in this village no case of illegitimacy has occurred. Cases of this kind are ostracized and are looked upon as very immoral. The morals are very strict and their observance is mutual by both men and women.

Permanence of Marriage. Under the Greek Orthodox church it is hard to get any kind of divorce. No divorce has so far occurred in the village and seldom is there any chance for divorces. Since the women are pre-occupied the year around with house work, farm work and raising children there is not much time left to think /27/ about divorces. There was one case only that had an excuse that his wife could not bear any children. Since he was the only male in the family he thought the family name would disappear without any children. This was not a good excuse for a divorce so he had to live on with his wife.

Educational Function. The family life is the education function. Neither society or the government has much influence as the family traditions have on their children. The influence is so strong that even after marriage the son, according to the existing traditions, works for the father and carefully executes all his orders. The girls learn from their mothers embroidery work, cooking, baking, washing, weaving, spinning, and all those jobs that are expected from a grown up girl.

The different vocations which are taught in school in many countries, are here under the guidance of the mother and entirely under family supervision.

The son learns the art of manual work in the fields from his father. When very young he follows carefully his father and by the time he is 14 years old he knows more or less the routine side of farming.

The moral training of the children rests with the grandparents. They have more influence and more experience of moulding the lives of the children.

The grandfather with his numerous heroic stories starts to influence the life and the future of the boy. His climax ends

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Megali Vrisi

/28 cont./

always with great courage, heroism and self sacrifice for a good cause.

It is perhaps this very thing that makes the life of a Greek young man happy when he is called to the army. His girl takes pride in him. This date of his call to the army is celebrated by the whole village with presents, drinks, and enthusiastic speeches.

He is taught by his grandparent to respect the oldest and value their advice. He never speaks to the old unless he is asked to, nor sits before them but always stands up for respect. In case he gets some scolding from the old, whether justifiable or unjustifiable, he has to accept it without any answer.

The girl is taught to be silent and blush before the old. She is taught to dress modestly and never hang around the water fountains. She is taught the virtue of beauty in woman is to keep her lips closed. It has become an accepted custom for both grandfather and grandmother to take pride in giving the right type of training to their grandchildren.

Educational Goals. It is the ambition of every family to educate their children especially their sons. /29/ Besides getting through the sixth grade their aim is to send them to the high school and then to the University. No father wants his son to become a farmer; he wants him to be a teacher, a doctor, a lawyer or an army man. The sacrifices that the parents and relatives undergo to give an education to the young of the family is tremendous. They sell their cows, their oxen and sometimes go into heavy debt in order to educate their children.

The expression of the parents is, "Let me eat bread and onion only, for the sake of the education of my son." The urge on the part of the relatives is very great for having someone in the family educated. They all share alike the burden without expecting repayment. Fathers think their profession has no future for their sons and try by all means to send them away for training in other occupations.

Young men who carry on their school work under such hard economic conditions find it very discouraging. Some of them

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leave school the second or third year and often with ill health. Two of the young men died from T. B. in Megali Vrisi. Both of them were in High School for two years.

Discipline. Besides the local school which plays /30/ a large part in discipline, the established morals of the village disciplines the youth. The part also of the grandparents and especially that of "Gerousia" is important. The most effective type and enforced one is through "Gerousia".

The stick at home and at school still has its blessings, since according to the philosophy of the villagers it came out of paradise. Even married men sometimes are subjected to this stick punishment by the parents without any complaint. The teacher keeps it on his desk and one corner of his office is filled with reserve sticks to use in case one breaks. When a teacher has 175 students of six grades, there is no time for explaining why and how, the stick enforces everything.

Political and Religious Training in the home. The political training is formed and reshaped in the coffee house. The convincing speakers and those that can read newspapers usually influence the rest. Coffee houses are places for recreation and the exchange of ideas, for forming political beliefs and for deciding important decisions for the community. Its function as a coffee drinking place is of minor importance.

The name does not mean very much to the average person who does not have experience of the coffee house. The number of coffee houses usually denotes the magnitude /31/ of the conflict groups and the amount of leisure time the farmers have. The coffee houses, besides being the place where one sips his coffee and plays his "tavli", are also centers for drinking from soft to strong alcoholic drinks. Quarrels, conflicts, political discussions and gambling take place in the coffee houses. With all these evils, still the coffee house is one of the best social centers, and centers where the common farmers exchange ideas and become aware of the current world political problems. It is the center

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/31 cont. /

where thoughts are crystallized into action. Here the political leaders meet their followers.

Every stranger, merchant, peddler, politician, government employee, or any other agent, goes first to the coffee house where he can get reliable information and pass on his mission.

The Orthodox religion has been enforced upon the people directly from the church. The religion is taught at the school, and church ceremonies are conducted in the church. The whole family goes to the church every Sunday morning and thus the child follows the elders in their religious beliefs. The church through its numerous holidays teaches something new to the people, brings up the people to it through various ceremonies. The child /32/ learns from father and mother that this or that holiday has this or that moral meaning to their lives. The school as a part of its religious education obliges every student with the teacher to attend church on Sundays and holidays. The teacher or the priest on such holiday occasions explains to the people the religious significance of the day and its practical application to their lives. Their Christian religion is unlike the Christian religion of many other sects. The Orthodox church believes in one God and in Christ as his son, but according to the nature of their demands they pray to special designated saints whom they think are able to help them. For example, for rain they pray to St. Ilias, who rides in a carriage and makes the thunder. For war they pray to St. Demeter. For travel on sea they pray to St. Nicola. For having a child to St. Nufrios. For sickness to St. Spyridion, etc. down the line. It is not so simple as the Protestant religion, nor so simple as Protestantism in that it depends much more on ceremonials. They take their religion seriously and believe in it completely.

When a cow or a member of a family gets sick, or the crop is not as promising, either the priest or another person next to the priest will be called to offer prayer. /33/ The priest is the representative of the Saints through whom they communicate with God. Religion makes a large part of their activity and thus the youngsters as they grow, fit themselves in it and take their respective places.

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Recreational Function. Recreation, as such, in organized form is not found in the villages and yet there is plenty of recreation, which the farmers enjoy throughout the year. For older people to play ball or athletics seems very childish. Certain traditional customs handed down from generation to generation provide both group, inter-village, inter-neighborhood, inter-relative and family recreation. For example when a baby is born the whole larger family rejoices and have feasts, when the baby is baptized the whole neighborhood and relatives are invited to join in the ceremonial feast. When a member of the family gets married the whole village participated with their musical instruments. The marriage feast lasts three days, until everybody is exhausted from children of five years to grown ups of 65 years, by dancing, eating and singing. Another recreation is the celebration of their name days. It is surprising to note that only the name day of the male person is observed more than the female name day.

Then come the numerous religious holidays at dif./34/ ferent seasons when inter-village recreation takes place. The village that celebrates its saint day provides shelter and food for those that came from remote villages. At these holidays or Saint days takes place something similar to that of the county fairs in the United States. After the church service the people gather around the church yard and, with their colorful dresses, dance in a big circle while musical instruments play their local songs. Sometimes as many as 250 people dance together. The intensity and the length of the holiday depends on the importance of the Saint.

The year's most important recreational holiday is at Easter period. Three days are devoted for its celebration and the whole village, friends or enemies eat at the common table, drink from the common glass and dance at the common village dancing place. This is the time of the year when all those that have plenty give to those that do not have. The ovens of the village fill the village with the odor of roast lamb, cookies and other kinds of pastry. The wine cellars open and the best drinks are offered to the good

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wishers. People are formed into groups and visit every house where the table is set in the center of the main room with different drinks, colored eggs and good food. The groups crack /p. 35 skipped in original numbering/ /36/ an egg and wish the hostess saying, "Christ is risen", and the house owner answers, "Truly he is risen".

Children run through the streets dressed in their new clothes and carry colored eggs and candies. These are the days when the houses are open to every one. The recreation that these three days offer to these people is far greater than all the rest of the holidays of the year. For the Orthodox church the birth of Christ does not have so much importance as the resurrection of Christ which shows the Athanasia of the spirit.

At this time of the year everything takes life in nature, too. The almond trees, the cherry trees, the pear trees are in blossom. The fields are green and nature takes the appearance of living again. All these combined leave an unresistable influence upon every person. Through such recreation which is a part of their religion, the people forgive each other and old hatreds give way to renewed friendship and forgiveness. It is surprising to note how much influence these holidays have in the lives of the people that live together. The spirit of hospitality, the spirit of giving to those that do not have, the spirit of taking active part in village movements and the blind obedience to the orders of the higher rank, are a result of these traditionally influenced holidays that are represented by different Saints. Recreation is thus closely associated with the /37/ religious holidays.

Play of Children. Whether at school or outside of school the children do not have organized recreation. At the school the weekly exercises which are more or less military are given by the teacher. The children have two recess periods of ten minutes each from 8-12. At these periods they devise their own play. At home the child has no time for play. He or she will graze the oxen or weed the garden and fields, sweep the yard and help in housework. While very young the children are taught to work and

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help the father and mother in the struggle of life. At certain times of the year when there is less work at home and in the fields the neighborhood children come together and play hide and seek. When boys and girls reach the age of 11-12 they separate and seldom play together anymore. The child in Megali Vrisi has a hard time to express its freedom.

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The school organizes picnics at which the teachers teach the children how to sing and dance. These picnics are the only active days that provide ample time for the children to play.

Music Music is something which is never taught but it is there always. From children to grown-ups all sing and dance singing is a part of their dance it is learned easily. There are no books or music notes and the musi-/38/ cal instrument players never learned with notes but just by hearing. Children going to the fields sing, people working in groups in the fields sing, and groups returning home from harvest sing. People sing at the coffee houses, at their homes and in the woods. Shepherds sing with their fiddles and peddlers advertise their goods with a song. Singing runs through the church services from beginning to the end and when the women dress up the bride they sing all night to her. No one writes any song to remember it. They are handed down from generation to generation and sung so often that there is no fear of forgetting them or losing them. Singing is a part of their recreational life, a part of their courtship and a part of their expression of appreciation of nature. The philosophy of life of those people is built on tradition and singing comes voluntarily to express themselves. Some of their songs have to do with incidents of heroism or suffering and torture. There are songs that move one to tears and there are others that move one to sacrifice everything he possesses. Even the happiest songs are tinged with an air of sadness. It is probable that their ancestors have been through gloomy periods which has influenced their songs. May be these wars will create more such songs among the village people /39/ for their beloved ones who were killed during the spring months. Each girl who lost her sweetheart in the war will make a song for him and sing it while working in the fields.

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At times of great calamities the tempo and the variety of songs increase which are rather of a mournful type. Every one who has lost his closest friend, a son, a relative, her admirer expresses their saddest grief in song which is made by each person with a touching tune. When somebody mourns in the village usually the light gay type of music disappears for sometime and the village bans dances. All share alike in the grief of their neighbor, and even if there was a marriage, it would be postponed due to the general approval of the villagers for the sake of the mourning period.

Reading. Megali Vrisi does more reading than any other village in the neighborhood. This is perhaps due to the influence of the priest-teacher whose life has become a part of his villagers in educating them. He served his villagers for 37 years as teacher and priest, still continuing as a priest. His main purpose for teaching his people to read and write was to make them able to read and understand the universe about them. He had his own personal library and out of it loaned books /40/ to bright farmers so that they could read them to the others. His plan in giving lectures to the farmers on certain scientific topics created among the farmers an interest in reading and discovering. The books that interested them most were biographies, histories, geography, politics and inventions. None were interested in fiction or romance.

The younger children had more zest in reading than the older people, but there were not enough books. I often found young men, at night sitting in groups of 6 to 10 to read the whole book with a kerosene lamp light so that others might have the chance to read it too. Reading among women is done less due to the nature of their work. They are kept busy from sunrise till late at night. Another important phase of the reading is the daily newspaper at the coffee house. Everybody once or twice a day drops in at the coffee house to read the newspaper. Discussions as to its news and editorial comments are conducted between groups of different political beliefs.

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Megali Vrisi

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Vacation and Travel. There is no accepted idea of vacation. Vacation is only for the school children but during the end of harvest season when the farmer /41/ has money he takes his family to the city or to the international fair of Salonica. The men at such leisure times spend their weekends with their friends and relatives in remote villages. The cost of travel makes it hard for most, but their beast of burden, the donkey, serves as a means for this purpose. There is no one in the village who has not traveled in the two continents of Europe and Asia. Some of them have been to Germany, Hungary, Austria, Russia, and Turkey as prisoners in the First War. Some others due to deportation from one country to another, had an unbearable type of travelling. The Government railroads during holidays and early in the fall reduce the cost of train tickets by 50% and thus make it easier for many to travel.

One of the average farmers, with a family of four, spent for the year Drs. 1211 (\$7.50) for travel. This sum covers 800 kilometers. The above shows the extensive travelling the men do mostly for business. It is during this travelling period that the farmer brings in and takes out from his village new seeds, new improved methods of cultivation and new customs and forms of community interests.

Protection of Health and Care of the Aged. If there is anything which is neglected in Megali Vrisi it is the /42/ health of the people. In spite of the medical center and the Near East Foundation Children's Nursery Center, where a health project was started, the extent of malaria, tuberculosis, pneumonia and intestinal diseases was just as great as before these agents came in. In fact in one of my surveys with which I tried to find out the death rate of young children from 3 months to 4 years old, four years before the Near East Foundation established itself and five years after its work, the figures of death rate to my surprise were amazingly larger than before, in spite of the Near East Foundation's efforts. After my eight years of experience with the farmers I was convinced of the inadequacy of the existing health program which was

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to fight the disease after it appeared rather than to cure the source of the disease.

The main causes for the death of children were the irregular feeding, intestinal diseases, malaria, lack of nutritive food and long hours of work of the parents that caused them to neglect their children.

Due to the cost of medicine the people called the doctor only when it is too late for him to do anything. "It was the will of God to give and take." This is the usual answer that one would hear. The cost of medical bills range from \$12 to \$35, even though the local doctor is free of charge.

/43/ The care of the aged rests solely on their sons. According to tradition the aged are the head of the family until they die and due care and respect should be paid to them so as to get their blessings before their death. The aged who are unable to do any kind of work are cared by their closest relatives. It is a part of their religious duties to respect and care for the aged.

PART III.

Earning of Living. The farming is a subsistence type of farming. The people barely make their living and on lean years they have to borrow heavily from the Agricultural Bank or from the local city merchants. The following inventory which was taken from a representative farmer shows more or less the farm enterprise.

Inventory at the beginning of the year.

176 drachmas = \$1

1 Oke = 2.82 pounds.

A. Condition of the family,

Members of the family 4 - 2 females and 2 males.

Members below 14 years of age 1, above sixty none.

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Megali Vrissi

[Inventory at the beginning of the year-
/43 cont./ taken from a representative farmer]

B. Livestock:	Number	Value in drachmas
Cows	2	5,000
Oxen	2	8,000
Poultry	30	900
Turkeys	3	300
Hogs	1	250
Bees	20	4,000
		18,450

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C. Family food stuffs in storeroom:

	Okes	
Wheat	300	2,100
Lard	50	3,000
Honey	10	300
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D. Animal feed in store:

	Okes	Value in Drachmas
Chick peas	200	800
Straw	1200	600
Barley	400	2,000
		8,800

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E. Agricultural implements

	Number	
Plow	1	250
Yoke	1	90
Harrow	1	600
Barrels	3	450
Harrows	2	70
Shovels	1	30
Hatchet	1	60
Axes	1	80
Wagons	1	3,000
Sickles	2	50
		4,680
Total		31,930

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8:Stephanides-- 28 I, Y-3 (ca. 1933-1939) 1941 EH1 Greece EH1
Megali Vrissi

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Inventory at the end of the year. December 31st 1934.

Family, the same members as at the beginning.

A. Livestock:	Number	Value in Drachmas
Cows	3	6,000
Oxen	2	8,000
Hens	20	600
Turkeys	3	300
Pigs	1	600
Bees	20	4,000
		19,500

B. Family food in store:

	Okes	
Wheat	350	2,450
Lard	40	2,400
Honey	15	450
Onions	20	60
Beans	15	150
Cracked wheat	40	400
cereal		5,910

C. Animal feed in store:

Straw	1,600	800
Corn	60	300
Chickpea	200	800
		1,900 /45/

D. Agricultural implements:

	Okes	Value in Drachmas
Plow	1	250
Yoke	1	90
Harrow	1	550
Barrels	3	450
Harrows	2	60
Shovel	1	30
Hatchets	1	60

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8:Stephanides--29 I. Y-3 (ca. 1933-1939) 1941 EH1 Greece EH1
Megali Vrisi

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Sickle	2	40	
Axes	1	70	
Wagons	1	2,500	
			4,200
Grand total			31,510

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A one crop farm does not offer regular income year after year. Due to diversity of climatic conditions there are on the average 3 good years to one poor year. Because of the recent settlement of the farmers their needs are great not only for their families but also for their farms, such as tools, animals, stables, barns, better houses and payment of their loans. The poor years increase the debts of the farmer tremendously and if unable to pay them he tries to find a refuge by telling lies.

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The Pattern of Land use. One of the greatest troubles that the farmer of Megali Vrisi has is in getting to and from his fields. His share of land which is composed of 45 stremas (10 1/2 acres), is divided into 7 fields. The smallest piece is 1/4 of an acre and the largest 2 acres. The government in its endeavor to give equal chance to all farmers has divided the land into /46/ 7 categories according to fertility and the distance from the village. Thus the nearest field is 1/5 of a mile and the farthest one is 4 1/2 miles. This type of division, besides consuming time to and from the fields and tiring the animals with unnecessary walking, also reduces the productiveness through poor management of the fields. Rotation is neglected since the farmers having their fields in certain section have to agree on crop plantation with their neighbors. The fencing of the individual fields is impossible and anyone can pasture any field after the crops are removed. There is a law that gives the right of pasturing the fields by anyone after the crops are removed.

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We can summarize the good and bad points for such a distribution of land.

Advantages:

1. Gives equal opportunity to each farmer to have equal share of fertile as well as of infertile land.

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2. Have land close to the village which can be used for vegetable crops.

3. If the crop of one section fails, due to hail or flood, still his other fields are saved.

Disadvantages:

1. Waste of time on the road.

2. Hard to work without causing trouble /47/ to the neighbors.

3. Proper rotation can not be carried on.

4. Inefficient use of man and animal labor.

5. Trouble between neighbors either for stepping or stealing from each others fields.

6. Much land is lost for the roads and division lines.

The worst of all the disadvantages are the conflicts that are created among good neighbors because of stepping in each others fields or plowing a furrow on the dividing lines. The priest of the village, who is keen minded, found out that more cases are reported to courts due to field line differences. People who work close together often do not speak to each other because of such troubles.

The land is suitable for tobacco and opium poppies. These two crops have played a large part during years of prosperity in establishing class distinctions and in teaching the people to be more extravagant.

Due to surplus production of tobacco crop in the country this area was not allowed to plant either tobacco or poppies, but only to raise cereals. The income from cereals was not as high and forced the farmers to tighten their economy. The luxuries one by one /48/ started disappearing from the village. The debts that were created during prosperous years based on the yearly incomes were hard to pay back.

At present the organized production of cereals and especially of wheat occupies the largest part of the acreage.

Farm Implements. The average farmer has the following implements.

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48 cont. / Farm Implements. The average farmer has the following implements.

1 Harrow	\$3
1 Plow, iron	1.50
1 Wooden plow	1.00
1 Yoke	1.00
3 Hoes	0.35
2 Shovels	0.25
2 Sickles	0.35

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The above are the implements which the farmer uses in his farming. Borrowing of tools and implements is extensively practiced by the farmers. Some of the implements and machinery that are too expensive to be owned by one farmer are owned cooperatively such as seed cleaning machine, harrow and harvesting machines. This cooperative movement is very successful and solves some of their pressing economic problems. Some of the implements are made locally and all repairs are done by the local blacksmith.

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/49/ Domestic Animals. The livestock problem is one which is still in its infancy. All the sheep are owned by the Thracians and they are increasing them every year. The sheep is the competitor of the cow. A farmer can live without sheep but cannot do without cows, since the only source of power is the cow. The feeling between the sheep owners and the rest of the farmers is not very good, and may develop into a very critical conflict if steps are not taken ahead of time to prevent it. Since pasturing the fields and community pasture is free to any one, the sheep take advantage of this law and get the greatest benefit in competition with the cows.

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The local cows are a mixture of the scrubby Macedonian breed and so far no attempt was made to improve the livestock.

One solution discussed for solving some of the pressing problems of livestock is by taxation as follows:

1. No tax should be paid by the sheep up to 12 head.
2. 12 to 25 heads 15 cents per head.
3. 25 to 40 " 30 " " "
4. 40 to 80 " 75 " " "

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This will give a chance for every farmer to have few and those who have too many will be obliged to reduce them due to taxes.

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5. Every farmer who owns a pair of oxen and two /50/ cows will not pay any tax on them.

6. Those who have 5 heads of cattle will pay 40 cents per head; 5 to 7 \$1.00 per head; 10 to 15, \$5 per head. Also the scale of taxing should be based not only on the number of head but on the productive capacity of each cow. The better producer will pay less tax and poorest kind of cow will pay the highest.

The above is not only a measure to prevent increase in the number of cows, but also for their improvement so that the pasture can be of the utmost use for greater returns.

The pasture is common and all the animals of the village can be pastured together. Another old law which still exists for the benefit of those who have sheep, is the right of pasturing the fields after crops are removed. The owner of the field has no right to prevent others from pasturing his field after he removes his crop. The only value it has is this that everyone tries to keep livestock so as to get full advantage of his pasture rights.

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The pastures are pastured the year round and year after year they are depleted from some of the best pasture plants. The only grass that occupies a large part of the best pasture is the quack grass, the thistles and wild raspberry plants. Recently the interest of a few leading farmers was directed towards improving the pasture. Some experiments with rotation, the animals /51/ at different seasons on different sections of the pasture gave best results. Harrowing early in the spring, application of fertilizers and complete rest for 3 years were methods advised.

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The largest part of their farming capital is composed of animals whose feeding largely depends on the pasture. If the farmers continue depleting their pasture from the continuous pasturing the time will come when a future generation will be unable to keep animals.

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Receipts Expenditures and Balances. The following account
is more or less representative of the receipts expenditures and
balances of the farmer.

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General farm accounts of income and expenses.

A. Income	<u>Amount, Okes</u>	<u>Value in Drachmas</u>
Wheat	840	5,040
Wheat seed	400	3,200
Wheat sold	2,560	17,920
Turkeys	36	3,600
Veg. & legumes		560
Watermelons sold		1,760
Milk (consumed at home)	300	2,100
Poultry (consumed at home)	8	320
Poultry sold	20	400
Cereal consumed	30	360
Eggs "	200	200
Eggs sold	700	700
Lard consumed	40	1,600
Wool used	20	600
Wool sold	50	1,500
Corn consumed	100	400
Chick peas used	200	800
Straw used	3,000	1,500
Barley "	200	800
Butter from cows sold		800
Heifers sold	1	1,200
Total		46,160

8: Stephanides-- 14 I. Y-3 (ca. 1933-1939) 1941 FH1 Greece FH1

Megali Vrina

/32/

B. Expenses:	<u>Amount in Oke</u>	<u>Value in Drachmas</u>	241
Bread for the family			511
(produced)	840	5,040	435
Wheat seed (produced)	400	3,200	
Legumes "	60	180	
Vegetables "			
Spinach	20	40	
Onions	40	80	
Beans	2	20	
Potatoes	60	240	
Vegetables bought		2,540	
Milk (produced)	300	2,100	
Poultry (produced)	6	320	
Cereal "	30	360	
Eggs "	200	200	
Lard "	40	400	
Honey "	20	600	
Olives, macaroni sugar			
salt purchased		2,037	
Clothing for family		6,227	
General expenses, news-			
papers, travel, books		1,761	
Doctor bills		530	
Furniture and repairs		2,500	
Animal feed: (produced)			
Corn	100	400	
Chick peas	200	800	
Straw	3,000	1,500	
Barley	200	800	
Agricultural implements			
bought		180	
Fruit trees bought		400	
Fuel (wood & kerosene)		1,085	

/52 cont. /

Stable & straw room

built

6,000

Opened a well

3,000

Deposit in the savings

bank

2,000

Total

46,160 = \$262

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From the above accounts we find that the largest single item of income is from wheat, which comprises over 60% of the whole income. This shows the importance of the crop not only for market but for the family consumption. Even in the expense accounts wheat used for /53/ bread is one of the largest items. Next to wheat come the animal products and the animals. One can easily see that the basic diet of the farmers is bread. 840 oke, or 2362.80 pounds of wheat makes 3544.20 lbs. of bread for four persons a year or 886.05 lbs of bread per person per year or 2.5 lbs. of bread daily per person. This is not the highest, but a little below the average.

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In the expense account we find clothing and building construction the largest expense items. The 6,227 drs. are spent, in a year, for clothing the family. This is above the average. Usually the clothing bill runs low, depending on the amount of cloth mothers can weave. Even though a large part of the cloth is produced in the village still the yarn has to be bought from the market.

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Next to this the largest cash bill is that of the doctors. This fluctuates from year to year, depending on the intensity and extensiveness of malaria and other diseases.

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The vegetable crop is another item that needs some explanation. The farmer produced only 15% of his vegetable consumption. Lack of knowledge of vegetable growing forces him to this extra expense. The soil and climate are suitable for him to raise enough varieties /54/ of vegetables the year around. This is proved by the fact that the vegetables he buys are produced locally by specialized vegetable gardeners.

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According to his expense accounts he produced 85% of food stuffs and almost all of his seed. This shows how self sufficient the farmer of Megali Vrissi is and if he raised his vegetables too, there would be very few food articles bought from the market.

This representative farmer experiencing the prosperous year of 1934 was able besides spending for construction of a stable and a well, to deposit in the bank 2,000 drs. so as to have them during the lean years.

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Government Subsidy of Wheat Production

During the twentieth century the governments of various countries have introduced certain methods to regulate production, consumption and export. Some of these principles have had temporary successes and some others have failed. These governmental controls have in many instances created social changes and economic difficulties. The adoption of one crop enterprise and the creation of leisure seasons due to prohibition of certain other crops have made it difficult for the farmers to fit themselves in the new scheme of life. By subsidizing the wheat crop and fixing its market price the government has persuaded the farmers to plant only /55/ wheat and neglect rotation and other crops.

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Wheat being a seasonal crop provides ample leisure time for the farmer and thus ample spending periods. He is unable to find anything to occupy his time for something productive and useful in his occupation. Thus many people during the winter months leave the village for outside work. The girls in most cases find work in tobacco districts and the men in road construction. The conditions under which the girls and the men work are very poor and unhealthy, many returning home with poor health. It is a big problem with one crop farming to find something to absorb the leisure time of the farmers.

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The few experiments which were conducted in cooperation with the farmers of raising irrigated alfalfa and vetch and the introduction of dairy farming threw a hopeful light on what could be done to intensify agriculture so as to absorb all the available labor.

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The low water table of only 18 to 24 feet, the flat land that will make irrigation easy, the nearness to the railroad station and to a big city, are the outstanding privileges of the farmer of Megali Vrissi to shift his farming methods and produce enough to improve his family living conditions. Nothing could meet his economic needs better than the combination of dairying with small cereals.

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/56/ Cooperative Activities. A village system and the type of farming such as in Megali Vrissi makes cooperative movement essential. The limited capital of the individual farmer makes it hard to conduct his farming operations successfully. The type of living together has brought them the spirit of cooperation. Before any kind of organized cooperative movement started, there was already very close cooperation among the villagers in hiring a common shepherd, sharing alike in the erection and care of the school and church, repairing the roads, helping each other at harvest and in numerous other ways. The cooperative spirit was taught to them in the family from the type of family life they were living. Nothing explains so well their success in being able to establish themselves in the village, in such a short time as work-through the cooperative to help each other.

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Since the settlement of the village the people organized a cooperative with a capital of \$15,000. A threshing machine and a tractor of 64 horsepower was bought. All the farmers thresh their cereals and pay 11% of the crop. With the accumulated capital a flour mill with four grinding stones was built. The flour mill, besides serving the village, draws customers from the neighboring villages. The flour mill charges 3% /57/ of the grain. The cooperative organized a grocery which serves the members. It also bought 3 improved pure-bred bulls for the village herd. The cooperative has its own 15 acres of land where it conducts experiments for the farmers of the village with fertilizers, seeds and grass plants. All loans from the Agricultural Bank are made through the cooperative. All the Caucasians are members, but only 65% of the Thracians are members. The cooperative is one

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of the outstanding institutions in the village which guides the people in keeping accounts and in taking active part in appointing officers every year.

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The yearly meeting of the cooperative lasts 2 days and all the men who served in the army take active part. After the committee presents its accounts and accomplishments and its future program, a discussion starts from different members either praising or criticising the work of the existing committee. Different proposals for improvement are made and finally it ends with a vote for a new committee of six. During these two days of discussion people learn from each other how to judge and evaluate certain deeds of the cooperative.

The government, understanding the importance of the cooperative has organized the Ministry of Cooperatives /58/ under the auspices of the Agricultural Bank. The effect of the cooperative on the people is great not only on the economic life but also on their social life as well. It draws the people close together and they think not in terms of their immediate needs but of their future welfare.

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Every year the cooperative sends two students to the high school, gives prizes to the farmers that raise good seed and better animals, gives financial aid to the poor, and helps the unfortunate sick to go to hospitals. These are signs of the role the cooperative can play in the near future.

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Besides unifying the whole village into an economic unit, it also is becoming a center of spreading higher ideals among the people. Its powers at the present are restricted due to the lack of experienced men with foresight. There are possibilities for one to do more in devising community programs by working with the cooperative.

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Farm Techniques. The biblical type of farming is still the kind that yields the greater returns with the least cost. The animal power is composed of oxen with a yoke and an iron plow. The wooden plow still has its /59/ blessings for certain soils. In soils

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/59 cont. /

that are shallow, that is where the top soil is 5 to 7 inches, the iron plow cannot work so successfully as the wooden plow. It goes too deep and brings up the raw infertile soil which destroys the field for many years. The wooden plow does not turn the furrow over but leaves it in the place, thus the field is plowed without bringing to the surface the subsoil. The farmers think the iron plow poisons the soils of this kind and never use an iron plow on such soils but only a wooden one. The fields for wheat seed are plowed from 3 to 7 times before seeding. It has been a custom to plow the same field as many times as possible. The common expression is: "The more you work the soil the more you get." This is of course a general principle and does not hold true under all conditions.

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Manure is seldom applied since almost all of it is used as fuel. Each farmer on the average has 4 animals and they are in pasture all day the year around. What little manure he gets he uses for fuel.

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Chemical fertilizers are too expensive and the farmer is not acquainted with them. He still talks about them as "fine soil filled in sack and colored with lime."

They understand well the importance of manure but /60/ cannot afford to use it for their fields. One of the outstanding problems which is that of a fuel to substitute for dried manure should be attacked first before trying to do anything with farming. The productivity of the land is decreasing year after year. The humus, what little there is, is depleted and the fields need it in order to continue cultivating them. In one survey, I found out that 92% of the manure is used as fuel and only 8% is applied to the fields. This study also revealed that by applying the manure to the field the increased production buys 2 1/2 times as much fuel of lignite coal. After proving to them the importance of the manure they were convinced of the profit in buying lignite coal, but a special stove so constructed as to fulfil the needs of a farm family was not discovered.

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Rotation of crops is neglected due to the high price of wheat. The best land is put into wheat and the poor land into oats and barley. The recent introduction of vetch may revolutionize the rotation system and may help answer the livestock management problems.

The Local Groceries. Out of five groceries two have closed due to depression years of 1930-33. The three groceries are doing well only on books. Their /61/ non-collected capital exceeds 3 times their active capital. The cooperative grocery gives keen competition but its credit is limited to members and it has a successful way of collecting the debts at threshing time with the cooperatives' threshing machine. Just before threshing the three local groceries treat their customers with wine and whisky so as to be able to collect their debts. All kinds of methods are used at harvest time.

The local grocery owners do their farming too and in most cases all their farming jobs are done by the farmers in paying their debts. No grocery man could make his living out of grocery business alone, but keeps it for spending his leisure time.

PART IV. HABITS OF CONSUMPTION

Household Expenditures. People who lose all they had to go to four times in their lifetime will not want to buy anything unless its need is essential. Life is more or less simplified and the household expenditures run very low. In one of the accounts we find that for household expenditures the farmer spent 2.500 drs. (\$16.66). This sum is too high. We must remember that these farmers were just settled and had nothing whatsoever to start with.

/62/ A few small chairs, a rough table, a few wooden spoons and a few copper kitchenware make the kitchen's utensils. Pictures of a few relatives and their own hang on the wall with a few handmade embroideries.

/62 cont./

few handmade embroideries. Seldom one finds a bedstead, but boards nailed together serve as a bedstead.

How is the money spent? The men keep the money and the accounts but the women save the money from the eggs and the poultry which they sell. The man never gives an account to the wife of how he spends his money. She is supposed to work hard but should not question how and why the money was spent. The farmer is interested only in his farm enterprise, that is his oxen, implements, seed and repair of the buildings. The women are responsible for the rest. Often conflicts take place due to the stinginess of the husband to spend money for clothing of his wife and children and for food. It is not unusual to find men spending money for getting drunk or gambling.

Some farmers do spend their money in buying more animals, implements and improving their poorly built houses. A large part of the money is spent in buildings. The more the farmer becomes stabilized the more his needs increase.

/63/ Food consumption. The main diet is bread. The people are used to prepare three kinds of cereal from wheat and barley. Barley is shelled and cracked and used for soup with milk. The wheat is boiled, dried and then finely cracked and used as cereal. The wheat flour is baked with sour milk and tomato juice, dried and when pulverized is used for soup. Macaroni is prepared from wheat flour, dried in the oven and stored for winter.

Besides the above they have dried beans, chick peas, canned dairy cheese. During Christmas they all kill a pig which they cook and keep it till late in summer. The lard is used for cooking. Since vegetables are plentiful they supplement the starch foods. Milk is precious and found only during spring and summer months when pasture is plenty. Eggs and poultry are luxuries and are sold on the market. Seldom the family kills a chicken. The diet centers around wheat products and vegetables. Pickled cabbage, cucumbers, tomatoes, peppers and bread are the best combinations for hard work. Olives and olive oil are consumed daily with bread. The basic fat in cooking is olive oil or linseed oil.

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Unfortunately the women lack even the simplest /64/ knowledge in nutrition and always prepare an unbalanced diet, although available food stuffs are enough to prepare a balanced diet. Thus the diet is poor. The local doctor always mentioned the fact that medicines will not cure the disease unless the people have a diet suitable to their work and conditions.

The question is not how to teach them a balanced diet and nutrition but how to use advantageously the existing food materials and to study the economic conditions so as to ascertain a feasible program for balancing their diet. It was one of the mistakes of the home demonstration center which started teaching them science and nutrition, instead of trying to find out what they had and how they were using it so as to improve their methods of utilizing it better.

PART V. HEALTH.

Home Remedies. The people of Megali Vrisi can never forget what they learned from their parents regardless of education and new environment. Both the doctor and the local nurse would advise the women how to take care of the sick, but still one would find them trying their own methods before attempting the doctors or the nurses. Through experience the farmers found certain plants that have definite results for every disease and /65/ sickness. For a cold they drink boiled camomile. For stomach troubles they boil the roots of a plant and drink the juice. For boils they put on boiled onion, boiled linseed and fresh cow manure.

Regardless of whether they have the nurse and the doctor in their village, in case of sickness they will consult first the experienced neighbor and as a last resort they will consult the nurse or the doctor.

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Medical care. The only village in the area that has the best medical service is Megali Vrisi. The efforts of the nurse and the doctor slowly are gaining ground and more and more the people follow their principles of caring for the sick. The newly-erected hospital in the nearby city of Kilkis provides care for the inhabitants of the area free of charge. If the patient is very sick he usually is taken there, where he can find specialized doctors.

The construction of the living houses is so poorly done in the village that the care of the sick under such conditions is hard. The windows are small and the mud floor with severe cold winds of the winter and no proper fuel to warm the house makes it harder yet to care for the sick.

The mutual assistance of relatives in sickness as well as of neighbors is great. People at times of /66/ great difficulties help each other, not only through labor but by giving each other food and even money. Especially is this characteristic of this people to share alike each other's burdens and partake actively in their grief and sorrow.

The Faith Healer. People of experience and cleverness perform certain magical performances that convince the people of their ability to command the spirits. Most of the inhabitants of Megali Vrisi believe them and spend money and time to visit them. People suffering from chronic diseases, or if born with defects of the body, or if unable to bear any child, find as the answer to their discouraged condition the faith healers.

Some Saints who perform miracles for donating to them; a lamb, a hen, a goat, or a cow, may, in return, act favorably for the patient. Priests praying for the sick or for the crippled are not uncommon. On special holidays, certain churches fill up with such sick and crippled people. Some sleep in the church for weeks without food and pray continuously to the Saint. Stories circulate that some one saw the Saint riding on the horse, are very common. Sometimes these saints actually do heal indirectly local pains, even of the partly crippled. Even doctors

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are so affected by the circulating stories that they send their patients to /67/ the Saints as their last resort.

Crosses and certain signs are carried by strong believers. The evil eye is strongly believed in and special written prayers wrapped up in waterproof cloth hang around their necks.

Cleanliness is an asset of the Caucasians and they take weekly baths and change their clothes. The Thracians, who live more the primitive type of life, never bathe their bodies but only their heads. They still believe that the holy oil which the priest put on them at their baptism is on their body and bathing may wash it away. The influence of this belief is less among the younger generation and in the near future it may disappear. One would naturally expect more disease and sickness among the filthy Thracians, but just the opposite is proved by the figures of a survey. These people do not cooperate so strongly with the doctor and the nurse and still they have the healthiest children, the least disease and the lowest death rate. The diet of the Thracians is poorer than that of the Caucasians. They seldom cook and eat mostly raw vegetables, poorly-baked whole wheat bread, but more /68/ dairy products, such as cheese, milk, and sour milk (gioghourt).

Their clothing is made out of wool. Men, women, and children, even in the hot summers, wear woolen clothes.

Washing the teeth is unknown among these people, except among those who have had a chance to go to high school or worked in cities. There was one dentist in the nearby city and the area and the city included had a population of 130,000. He could not make his living in this population and was planning to move to a larger city and visit the area once a week.

People often think it is a crazy idea to put tooth paste in the mouth and shine the teeth. Their diet of vegetables, and black whole wheat bread keeps the teeth shining and healthy. This does not mean that there are no people with bad teeth, but they are very scarce and the local experienced dentists do the job without reward.

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reward. Whenever there is a tooth-ache, whether the tooth is good or bad, the remedy is to pull it out. Often the patient is tied up against a tree and three or four people hold him while the practical dentist ties a string around the tooth and pulls it out.
/69/ Often the string breaks before the tooth is out.

It has become a custom to wash the hands and mouth after a meal. It is the raw vegetables, the hard-baked bread and the ignorance of the tooth paste and toothbrush that keep their teeth healthy and strong.

Sanitary privies. The sanitary privy is one of the urgent necessities of the family, but one seldom comes across it in any village. Megali Vrisi, having had the privilege of having a doctor and a nurse, started building new sanitary privies. Many farmers still use the old method of fencing a corner and placing two large stones for the people to stand on. No ditch whatsoever is prepared for this. Fortunately, the climate is dry and everything evaporates and dries. One of the causes for extensive intestinal diseases among the young was due to these old-fashioned privies. People are learning, more and more, the source of house flies and the breeding sources of diseases among their children. Even the present privies are not so safe, but have reduced the troubles considerably.

People who still cannot believe that diseases are caused by micro-organisms, do not fully appreciate the means to combat them.

/70/ Health in relation to housing. As mentioned in the previous paragraphs, the houses were built by the farmers at a time of great necessity and there was no time to think about the sanitary side of the house. The farmers wanted a shelter for their families and thus built a square, one-room house with as few windows as possible, and with a small door to cut down the cost. Living conditions under such circumstances were naturally very unhealthy, since the whole family had to keep everything in the same room and have a family of five sleep in the same bed.

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Making use of their prosperous crop years, farmers have enlarged the houses and added more rooms and thus improved their houses. The usual type is a three room house, storeroom, kitchen and bedroom. The habit of the whole family sleeping in the same room still prevails. Most families have screened their houses against mosquitos and flies, but the floors still remain the same mud built.

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PART VI Education

Various aspects of informal education. The people of Megali Vrisi are hungry for education and value its importance in their lives. When they arrived at their half-ruined village, before taking care of their own shelter, they built the school by sacrificing the lumber of their houses.

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/71/ Church and school are the two outstanding institutions which influence more than anything else the lives of these people. More than 97 per cent of the Caucasians know how to read and write, and six among them have even completed their high school work. The Thracians on the other side are illiterate. Only 4 per cent of the older people know how to read and write, but the younger generation that has the chance to attend the school, know how to read and write.

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The local grammar school includes six grades with one teacher. He divides his students into two groups, and half of them come in the morning and the other half in the afternoon. The teaching schedule is prepared by the Ministry of Education and the teacher is closely inspected by the regional inspector as to his ability to follow it. This heavy program hinders the teacher from taking active part in the village social life.

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Teacher's position in the village. A teacher and a priest are highly honored and their presence in coffee houses is not desired. Besides the training he gives to the children at the school the teacher follows his students in their homes too. If a mother

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or a father is unable to punish their children, they report /72/ them to the teacher and he gives the proper punishment. Students stand at attention and salute their teachers wherever they see him. They are ready to fulfill his orders regardless of the parents' approval. The parents have no right to complain about any kind of punishment to the student by the teacher, regardless of how severe it is.

Every child from 6 to 13 years of age has to complete the grammar school. Education is compulsory by the government. A father who suspends his child from school is fined.

Besides the grammar school there was another agent that acted as an educational organization for adult education. The graduates of the grammar school of the ages from 14 to 20 years were organized in winter farm courses. Their schedule of lessons was based on the farm survey of their village and on the questionnaire which was put to them to find out what they would like to learn during winter months. The lessons were mostly field work and very little class work. Each student, besides following the different jobs of his father's occupation, takes active part in a cooperative project. This cooperative project is the /73/ central theme around which the different lessons are organized. The project is based on some common but unknown factor that the students try to investigate. Special committees from among the group are appointed to divide the jobs at different seasons to every one. Careful accounts are kept of the share of labor of each student, of the cost of the project, and of the climatic conditions under which the project was conducted. At the end of the project year, each student receives his share of income according to the number of hours he worked.

The most effective phase of this project is the yearly demonstration of the work done by the students to the farmers of the village, the work done, the money spent and results obtained. It is one of the convincing methods to show the farmer how to improve his methods of farming by introducing either better

If a mother

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fertilizing methods or rotation methods or introduction of new legume plants or a new variety of wheat. As a rule, their effect on the farmers is great with definite results.

Thus the future farmers of Megali Vrisi, working cooperatively, felt the need of adopting new methods and passing on to others the results of their /74/ investigations. It is surprising to know how effectively the cooperative project has tied up these fellows in undertaking to do other jobs useful for their village.

The individual project idea was a failure. People who live in the same village, still under the patriarchial type of family life and whose problems are so closely interwoven, cannot help but cooperate and support whole-heartedly cooperative work.

This very same idea led those boys to build a community hall and a stage for theatrical shows. The whole structure was built by personal work and what money was saved from theatrical shows at Christmas. The group learned Christmas carols and sang them to every house in the village. The contributions from this event were used for the poor of the village. The small reforestation project which was started by this group has led to the development of the "Day of the Green", at which day everyone in the village planted a tree on the hill.

The yearly athletic day event that provides an enjoyable gathering for the village was planned by the young men.

/75/ One can easily foresee the future of such a community which will be handled by people who learned to cooperate so well in their youth. This vocational education meant more to the lives of these young men than what they got from the grammar school.

Invasion of adult education. The Greek government, feeling great responsibility toward these people, who during the wars of 1912-1913, 1914-1918, and 1920-1922, lost the chance of attending schools; provided special evening lessons in each village. The lessons were handled by the teacher in the local school and thus many of these men and women had a chance to learn how

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to read and write. Besides this, agricultural lectures were given to the farmers by the agriculturist of the area during the winter months on different topics concerning the farming life of the area. A series of 5 lectures were organized by the priest of the village on different topics such as history, travel, biography, and inventions. Thus the farmers of Megali Vrisi had an ample chance to get whatever they could from these different agencies.

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Part VII Religion

Magic. The people of Megali Vrisi, due to numerous activities of an educational character that have been established there, find themselves in a transition period of trying to put aside old beliefs and adopt new ones. They still believe that certain people in the village have power to command the spirits and perform miracles. A young man who thinks that his sweetheart does not like him finds as an outlet the consultation of magicians and their command of the spirits to change her mind. If a member of the family is in a foreign country or on travel the magicians are asked to order the spirits to protect them. A pregnant woman desiring to give birth to a boy instead of a girl asks the magicians to act favorably to her desires. The people who perform the role of a magician are old women with suspicious looks. The same women may act as mid-wives, too.

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Certain signs handed down from generation to generation are believed to be true. A black cat crossing the road is thought a bad sign. If you meet a priest early in the morning, they think the whole day will be filled with failures. Dogs crying mean somebody is going /77/ to die in the neighborhood. When the eyelid moves fast some good news is coming.

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The above are a few of the good and bad luck signs.

Religious beliefs. Almost every farmer has a Saint in whom he believes strongly. The ikon of the Saint, in front of which he

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makes his prayer every evening and morning, occupies the eastern corner of the house. The ikon of the Saint is well decorated with the best handwork. In front of the ikon hangs an oil lantern that burns day and night. The Saint guards the family, the animals, and blesses the crops. Usually members of the family bear the name of the Saint.

Once a month the priest visits the home of every farmer and brings the blessing of the coming month by sprinkling holy water in all the corners of the house. He passes in front of the ikon and utters a prayer in the name of the Saint for the safeguard, prosperity, and health of the family.

Religion for these people is a necessity of life. Without it they cannot live. In every phase of /78/ their lives religion plays an important part as in recreation, farming, traveling or even in fighting they have their respective Saint through whom they communicate with God.

When Paul entered the temple of the unknown God and preached the known God to the Greeks, he must have forgotten to mention to them the form of worship they should adopt. The Greeks have accepted the theory of Christianity of one God but have dressed up this new religion with their old forms of worship. They have changed the names of ancient gods and given them new names with the same duty as the old ones. Thus Saint Nicholas replaced the god of the sea, Poseidon.

Since 1453, which marks the fall of Constantinople to the Turks and the fall of the Byzantine Empire, the Christian people of the Near East have gone through the severest test in Christian history. The continuous persecution, massacres, deportations, and all kinds of inhuman methods could not desecrate it. In fact the Christian faith got stronger and stronger and had become a bond of uniting the Christians. The same strong ties in this religion strengthened them to overthrow the bonds of slavery, after 400 years. It /79/ was religion that kept the Greek letters, the language of the people, and it was their strong belief in the power

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of the Saints and Christ that made them often take extremely dangerous steps against their conquerors. The leaders of the churches became victims of the cruelty, but at last these very same persecuted priests started the revolt and gave freedom to the Greek people. Thus religion is a part of our nationalism, it is a part of our freedom and a part of our struggle for existence. I do not think any Christian people have undergone the test for Christianity that the Greek people did. If one goes back deep into the causes of the present Greek stubbornness in resisting the impossible and standing by their promise up to the end to help England, we will find it again in their religion.

As long as people live in the religion they have developed throughout centuries they cannot be conquered.

Faith in time of trouble. For every trouble there is a remedy and there is some source that will come to aid. Long dry seasons often lead the people to /80/ all day and night prayers to Saint Ilias for rain. When members of the family get sick, the priest offers prayer. The people strongly believe in the mercifulness and forgiveness of God. All occurrences, good or bad, come from God and He rewards and punishes people according to their deeds. Possibly for people who are not contaminated with the explanation that science gives to many phenomena, it is better for them to have blind faith and hope for the solution of their troubles.

The church. The church occupies the central part of the village and has a large yard around it. Its steeple is wooden and temporarily keeps the bells that call the people to the morning and evening church services. The bells also serve for a fire alarm as well as school time for the children. When the people left their countries they left behind livestock, furniture, and many valuable things, but they succeeded in bringing with them the ikons and the church bells. Some of the ikons date back to the 16th century. The lower parts of the ikons are worn out from the kisses received in the church. The people have great pride in their church and in the power of their ikons to perform miracles. Regardless of

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their humble houses and subsistence level of living the people like to build beautiful churches with high steeples and decorate them /81/ with as many ikons and church bells they can. The people of Megali Vrissi not being satisfied with the structure of the present church have already quarried stone from the nearby hills for their future church structure. When the farmers were notified to offer personal work for the church they did it without complaint.

The people look up to the church as an institution which gives them hope and courage in times of disappointment and discouragement. Once a year a confession is made in the church in front of the ikons and the priest. People tell of their bad acts and forgive those that caused them trouble. All wedding ceremonies, baptisms and name day celebrations take place in the church.

Attendance. Women and children attend the church regularly. The men are rather irregular in their attendance. This is not due to their negligence nor to their failure to respect the church, but is due to the long church services that last for three hours. The people get tired of going to the church. Most attend the last part of the services. In spite of the variety of music and ceremonial activities, the church is losing /82/ attendance. Men like to know what they hear in the church, and since it is all abstract to them they prefer to stay out and send their wives and children.

With the increase of modern scientific beliefs by the farmers, the church will be forced to change its course and adopt itself to the new social changes.

The membership is obligatory. Every one born in the village becomes a member. It is not necessary to keep in books the names of the members since the whole population of the village naturally belongs to the church.

Contributions. Every family has to contribute for the support of the priest and for the upkeep of the church. This contribution is paid in kind. Besides this the church has voluntary donations by people whose prayers are answered, and by others for the

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peaceful rest of their dead. They donate to the church either money or wheat. On St. Nicolas day, the people from remote villages bring either a chicken, a pig, a cow, a calf, a sheep, or a goat to the church as a present. Numerous animals are lined in the yard of the church which are sold in auction the same day.

/83/ Every Sunday morning at the church service a tray is passed to the people for contributions. The selling of candles brings an appreciable amount of money. The church has its fields which are either worked or hired to others to swell the income of the church.

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Part VIII Living Together.

Mutual aid. Both groups, the Thracians and the Caucasians, before settling in this village had a civilization of their own. The isolation of the Caucasians in the interior part of mountainous Caucasus has developed a unique type of civilization mostly built around their community life. Here they had the compound type of family organized under the direct rule of the oldest in the family. In spite of the large number in the family the work was divided every day among all. Every one did his best with no complaint. The men gave blind obedience to the head of the family and the women to the mother. The obedience was so strict that misunderstanding would seldom occur. Every one was specialized in his or her own work. All buying and selling was done by the head of the family. No one could smoke, speak, nor could sit by the head of the family unless told to do so. A strictly military type of rules were observed. The father decided the marriage age of his son and this usually would coincide with the need of more labor in the family. Sometimes /84/ the need for labor was so great that the age of 15 was thought practical to give the solution for extra labor. The grandma was responsible for the education of the children either in household work or school work. The children call their mother by her first name and instead, call the grandma, mother.

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[Caveasus]

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The village was ruled by "Gerousia", a group composed of old respected people. It is interesting here to note that even today the Greek Senate is called "Gerousia". This "Gerousia" would meet when necessary to discuss certain problems concerning their village. They had no definite calendar for meeting nor approved place for meetings. There were two dates well observed for meetings. One was St. Demeter's day -- October 26th -- for deciding to hire a village shepherd for the cattle and a guard for the fields. Another meeting which was fairly definite, was St. Constantin's day -- May 24th -- at which the redistribution of the land was decided for the coming seven years. It was one of the well-observed economic principles to redistribute the pasture for farming and leave the cultivated land for pasture. Due to the increase or decrease of the family members the land had to be redistributed /85/ according to the number of heads in the family. Once the land was given, the owner could use it as he pleased but could not pass it on to the relatives or friends. The land belonged to the village. There was another order which every one had to follow strictly. No one was allowed to increase his livestock on the community pasture, but he could increase it on hired pasture land from near by villages.

Away from every kind of complicated civilization the Caucasians had a world of their own and found it better to preserve it centuries after centuries without adulterating it with the modern civilization.

Most of the church, school and community problems were solved by the "Gerousia" without a general meeting or vote. The decision of "Gerousia" on any problem was final. Local conflicts and neighborhood grievances were taken care of by "Gerousia". Repairing school buildings, or church, or taking care of the poor and unfortunate were closely followed up by this group.

This cooperative spirit for mutual aid is rarely found among any people except the Caucasians. /86/ The rush harvest season is shared alike by all. Building houses, threshing and transportation of agricultural goods is done through borrowed labor. If any, by

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[Caucasus]

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misfortune, loses his house or livestock, the whole village shares in providing everything. Seldom does one find any one suffering in a Caucasian village. It has been a common expression among other groups to say that the Caucasians as individuals are worthless but as a group none could surpass them. This shows how effective this compound family life influenced the person's whole behavior and attitude.

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Fertilizing the fields was unknown to these people. Even livestock manure was not valued very much and was used as fuel. Their method of improving the fertility of the land was to rest it for several years and the longer the rest the better for the field. For better results it was advisable to let the animals pasture the land. They always thought there was something magic in the hoofs of the animals. This was proven to them by grazing the winter wheat and barley early in the spring. They found better stooling and more yield. Even today they still believe it but cannot afford to try it under the new climatic conditions. (The reason why the hoofs had so much magic is explained as follows. /87/ Due to thawing of the ground the roots of the wheat and barley plants were exposed to the air and pasturing early in the spring was a method of packing the soil instead of using a roller to pack it so as to protect the roots of the plants.)

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The culture of the Thracian group was just the opposite of that of the Caucasians. Although at the door-step of Asiatic and European civilization, these people have lived far from both. The frequent movement from their village due to continuous wars in that area, and the hardships they suffered has changed the life of each one of them and has made them pessimistic. They look at life and on the world as a whole with indignation and scornful attitude. This continuous movement has forced upon them the belief that everything was in vain and that life had little difference from animal life. The Thracians are strictly individualistic, not interested in community affairs or group life. They look at every one with suspicion, believe no one except themselves. They have no benevolent spirit and the misery of their neighbors make no

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impression on them. Even their wives and children are treated like slaves. The suffering of their children or their wives moves them /88/ very little. How much the hard life of wars affected them it is hard to tell.

Here on the one hand we have the unfriendly, resistant, apathetic, inferior Thracian, while on the other hand we have the friendly, frank, responsive, broad-minded and feeling-superior of the Caucasian. The pessimistic, the unconscious, unstable, unmannered, stupid and unreliable Thracian, to live with the optimistic, sensitive, self-assured, stable, mannered, intelligent and reliable Caucasian.

Here were two groups, one ready to sacrifice time and material to improve the new village, while the other group could do nothing that was beyond the home yard. The Thracians as farmers are hard working and are contented with the old wooden plow, a one-room house, a kettle to cook in and a bowl for the whole family to eat from. Their agriculture was still primitive and fertilizers were unknown. The Thracians, like the Caucasians, believed too much in magic and that the good harvest year was largely in the hands of the divine spirit.

Living together was hard for both groups under such conditions. The Caucasians, traditionally influenced by their community improvement ambition, started with /89/ enthusiasm to build and improve what they already found. The mutual aid, such as in barn-raising, exchange of labor, lending teams, lending tools, lending money and even food stuffs, caring for the sick and comforting the bereaved is widespread. The rush of harvesting and threshing is done cooperatively. When one once was questioned, "How do you have such a fine mutual assistance", the answer was as follows: "Well, you see one side of the picture only, that is the work part of it. The people who cooperate have the greatest fun in working, eating and drinking together. Some of the love songs find expression at such occasions like harvesting or threshing." The Caucasians were taught in their own world how to get more out of life. They know that happiness was born

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a twin, and when they mourn they mourn together. Their sentimental songs are always tinged with the air of sadness. Even at the funerals they sing the same songs which they sing when they have a merry time. Mutual aid is the characteristic quality of the Caucasians in their work, in their joy, and in their sorrow. On the contrary, the Thracians are strictly individualistic and regard mutual aid as the sign of laziness.

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/90/ Conflicts. Regardless of the mutual aid and the cooperation they have, the conflicts are very prevalent. They occur either among the two groups or among the members of one group. The causes of the conflicts are for controlling the village cooperative, the mayorship of the village, or as a consequence of a proposal to marriage which was declined. It is important here to note that regardless of the conflict situation if the "Gerousia" wanted to finish a certain community project they all shared alike the burden. In spite of the official power the cooperative has and the organized super-imposed government mayor has, the "Gerousia", the unofficial body of old men is the real axis or the center of any unanimous movement. Conflicts which are temporarily settled by the mayor or by the government courts eventually reach the peaceful settlement of the "Gerousia" who know so well how to make the people forgive each other. The judge at the courts reads the law and enforces the punishment according to the act, but "Gerousia" knows so well the past of every one and even the type of family for one or two generations and touches the pride of every one by enumerating the good qualities and good dispositions of his father or grandfather. The position of "Gerousia" is that of a father and the effect they have on the person is lasting. Jealousies, small /91/ fights and family difficulties are settled by "Gerousia". This group is a government within a government, officially unknown, but it stands as the only guiding hand for the village community. At times of great distress and difficulties, people consult the "Gerousia". The church, the priest, the teacher and the doctor do not have as constructive an influence as the "Gerousia" does. It is not a voted body but has the unofficial

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general approval of all. The punishment of the "Gerousia" is ostracism until the person repents and asks forgiveness. The fear and respect towards "Gerousia" is greater than to anybody or group of people. One of the young men planning to divorce his wife because she could not bear any child, told of his experience with the "Gerousia". "Their words are sharper than the sharpest sword".

Latent Neighborhood Conflict Attitudes. The jealousy of the nearby villages toward the successful cooperation of the villagers of Megali Vrisi was noticed many times. The success of Megali Vrisi in bringing the doctors who serve the area to their village, and in making it the center for the health project, naturally created hard feelings with the competing villages. The success with which the Caucasians of Megali Vrisi worked /92/ in organizing a young men's organization, increasing the number of teachers, building their church and having one of the well-organized cooperatives, has made it the leading village of the area.

Active Conflicts. One of the active conflicts that exists in Megali Vrisi is the one between the Thracians and Caucasians. Each group in trying to preserve its identity tries to dominate the other by having more power in controlling the village council and cooperative. The Thracians as a minority, have never had any chance to get to any office for the last 16 years. The strong opposition they had from the Caucasians, united them on every question raised, and their inability to compete with the Caucasians has developed within every Thracian the illogical type of opposition. "Vote it down if it is a Caucasian proposal, whether good or bad." Regardless of this opposition, the Caucasians undertook to carry on their constructive community work by bearing the share of the Thracians too. Conflicts among different kinship groups were of a minor type and never developed to such a magnitude as to have destructive results. The "Gerousia" checked them. The conflict between the Thracians and the Caucasians was beyond the power of the "Gerousia". The Thracians never had any "Gerousia" and as a result took more cases to the court and spent more /93/ money and time for it. The conflicts among the

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Thracians were of the worst type and usually would end with bloodshed.

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Social Control, Formal and Informal Aspects of Control.

The "Gerousia" usually exercised a degree of informal control over its members through its generally-accepted definitions of what is right or wrong. The government courts had little influence in this. There was no stealing among the Caucasians; many families would leave their houses unlocked and work in the fields; their implements scattered in the yards and the poultry nests out in the open.

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Drinking is among the forms of behavior against which the women of Megali Vrissi voice their disapproval. All the men drink, but actually there are few who drink for the sake of getting drunk. When I ventured to ask some of those who get drunk, "Why they do it", almost everyone of them said, "to forget the miserable life". Some of them, due to deportations and wars, have lost all property, wives and children and the only comfort they find is to get drunk and get sentimental and weep.

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/94/ Community Events. The recently organized community fairs represent the inception of social organization for the promotion of recreation. The purpose of these fairs was competition in agricultural products and wholesome recreation, which meant so much to these villagers, but social conflict soon discontinued these fairs. Outsiders were invited to talk at these occasions and athletic events would give it a happy ending.

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The Use of Leisure Time and Visiting. One of the major problems that confronts every one working in Megali Vrissi is how to use the excess leisure time more profitably. This excess leisure time is the cause of conflicts and drunkenness. Due to the nature of their agriculture the rush work season comes in the fall for two months and two months in summer. The rest of the time very little work is done in the fields. During the winter months from December to April there is no farm work except the chores which are done by the women. This long slack season is an acute problem for the farmers themselves. From morning until late in

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the evening they sit in the coffee houses, either reading newspapers, chatting politics, playing cards, or playing tavli, (a game which is played in the Near East countries). At these slack seasons visiting /95/ takes place within the village mostly by women who take their knitting and gossip. The men visit distant villages where they happen to have relatives. It is surprising to find how much this distant visiting carries back and forth either methods of agriculture or exchange of seed or discussion of community organization plans. Nothing like distant visiting could be more profitable to the visitor and to the visited relative. It is costly and seldom done by women.

Bazaars. Twice a week the bazaar or market takes place at the nearby towns of Kilkis and Herson. Every farmer, whether or not he has worked, has to go to bazaar. Those that go for shopping, take with them either poultry, eggs, cheese, butter, wheat, oats, barley, chickpea, a pig, a heifer, a cow, a calf, or an ox. No villager who goes to bazaar will ever go without some agricultural product. The price of the above mentioned commodities depends on the amount brought to the bazaar and the number of merchants present on that day. Price is set by the supply and demand of the day. The farmers go to and from bazaar loaded. Usually they carry the load on their shoulders or use an animal. In exchange for their agricultural products they get /96/ kerosene, thread, buttons, needles, rice, sugar, tea, dried fish, beans, candy, olives, olive oil, soap and salt. Most farmers hang around the bazaar corners, watch the bargaining tricks of livestock merchants, visit friends from other villages, buy and sell oxen, or watch the bazaar price for different commodities. For many a farmer these bazaars are reliable centers of information to know how he can advantageously exchange his goods with the needs of his family. Most farmers seldom use money for buying goods to meet their family needs. Based on long experience, the farmer found it safer to keep his goods rather than money. Money he thinks creates more enemies than anything else.

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Local Holidays. The Greek Orthodox Church has more saint days than the calendar of the year could take care of. The church calendar used to provide more than half of the days of the year as observable holidays which naturally provided more leisure time for the people. More leisure time meant more churches, more spending and more monasteries. With the advance of the materialistic civilization these holidays have been greatly reduced, but still there are 94 church holidays for the farmer to observe besides Sundays and the national holidays. These holidays provide ample leisure time /97/ for the farmers to drink and dance. The village musicians get out on the village square and call out those that celebrate their name days. One by one the big circle is formed in the village square. If the Greek Orthodox Church has nothing to serve to the people by building up their religious beliefs, it has enough holidays to relieve the people from life's struggle. Megali Vrisi celebrates St. Nicholas day as its village holiday. This is the day when every corner of every house is scrubbed and cleaned. The village yards are well cleaned. The church committee prepares a special program featuring certain events. Prizes are given to the best wrestlers and to the best dancers. These events draw a large crowd from the neighboring villages. On this special day the livestock of the church is sold in auction. People donate to the church either poultry, calves, sheep, lambs, or goats for the dreams they dreamed about the saint of the church or the help they received from the church when they prayed. These can be considered as sacrifices which people make to the church. The church committee sells the livestock on this occasion. This custom is very similar to that of the primitive peoples of worshiping their gods by sacrifices.

/98/ The holiday has the following effects on the peoples:

1. Gives them a chance to clean up their houses.
2. Makes them hospitable for they have to take care of the visitors.
3. The day they forgive each other and forget the old grievances.

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4. The spirit of benevolence reaches its zenith. Donations to the church and to the poor.
5. Exchange of ideas with other villagers and thus benefit from each other's experience.
6. It is a day when everybody feels alike with no class distinction.

How local services are paid. There are three coffee houses in the village and they all work on a credit system to be collected in the summer. During the harvest season it is surprising to find more outside people with sacks and scales who come around to collect the debts than farmers.

/99/ The horseshoer, the herdsman, the barber, the priest, the school-committee, the tailor, the local hospital committee, the coffee house men, the local grocery merchant, the town merchants, the blacksmith, the tin man, the carpenter, the doctor, the drug man, the mid-wife, the guard of the fields, the vegetable man, the wagon builder, the cheese man and the tax collector. Usually at the harvest season the coffee houses are filled with collectors. They get information from each other to the quality of wheat collected from different farmers. Most of the agreements are based on an amount of wheat and not on money as a basis. For example, the barber for hair cutting and shaving gets 12 okes of wheat (33.60 lbs) for one year. The herdsman charges 3 okes of wheat per head for the year. The doctor gets 10 okes of wheat per family for the year. It is surprising here to find how much of the business transaction are carried out on commodity bases rather than with money.

Cast of Personalities. In the social interaction which takes place in a community, certain personalities emerge which develop into the community's cast of actors. These are the people who provide the /100/ foci of attention, about whom gossip circulates more than others, and who give to the community its really human qualities. Among these characters are both the heroes and the villains. They are outstanding, however, not so much because

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of their occupation but rather because of certain peculiar personal qualities which they possess. Such a cast of characters is very evident in Megali Vrissi. Most of these are due to their ability to speak fluently, or to tell stories, read and interpret the news from the papers or forecast future events. Some of these rank the lowest in the economic scale and their influence is not effective beyond the village boundaries. These personalities become the central guides for the decisions of many persons. Both Thracian and Caucasians have these types of personalities.

Community organization. The village of Megali Vrissi is a loosely organized village. The various groups and associations are independently organized and function without any cooperation of the other whatsoever. There is competition and constant conflict as to which one is the leading group in the village, but in spite of the conflicts and lack of cooperation among the groups, compared with the neighboring villages /101/ the village is the leading one. This unexplainable progress is mostly due to the constructive and not the destructive type of competition of the different groups, which instead of hindering them is enabling them to get ahead. According to Professor Sanderson, "The coordination of group activities is the heart of social organization insofar as it is related to community welfare, and the importance of community organization in the every day life of its people is apparent." The wholesome competition among the different groups for accomplishing their group projects may be due to the following:

1. Within every member of the different organizations or associations there is an inherent feeling of mutual aid and that the progress of each group is the progress of their village.
2. There are persons who hold office in more than two groups and thus there is this indirect cooperation.
3. It is an accepted principle that each group follows its well-defined program without expecting it to be considered as the only one that needs support.

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4. The different organizations are a part of the people. Nothing is introduced by outsiders nor advocated by any one person, but through centuries have become an accepted principle of their community life to watch their community improve from all around.

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Conclusions to be drawn from the village of Megali Vrisi.

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1. The new village has two distinct type of people with their pattern of customs.

2. The Government's attempt to mould the customs of these groups into one may face difficulties at the beginning.

3. Both groups semi-primitive in the sense of having:

- a. Patriarchal pattern type of family.
- b. Father having the buying and selling
- c. Both women and children doing farm work, unending toil of women.
- d. Education or training rests with the grandparents.
- e. Agriculture for making a living
- f. Common land and pasture; no ownership.
- g. Lack of knowledge of fertilizers.
- h. Magic strongly believed by both groups.
- i. Purpose of marriage was to have the labor of women and for raising children.
- j. Land divided in many patches and scattered.
- k. The "Gerousia" as the only powerful and effective group in community government.
- l. Religion of paganistic type.
- m. Business in its primitive form of exchanging goods.
- n. Mutual aid very characteristic.

The low cash income, backward farm techniques, with too much emphasis on the subsidized wheat crop, poor housing and household equipment, inadequately balanced diet, disregard of proper sanitation and other preventive measures against disease, inadequate medical attention, absence of recreational opportunities, impractical religion, slow educational processes without vital

8:Stephanides--65 I, Y-3 (ca. 1933-1939) 1941 EH1 Greece EH1
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relations to the life of the people, and burdensome work of wives
and children, are conditions which are suggestive of planning
objectives.

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Gerousia - a group, composed of old respected people, who formerly ruled the village (among Greeks in the Caucasus) and is now an unofficial body which informally settles conflicts in the village.